

2008 National Mental Health Conference

unlock, the mystery

Managing
Mental Health
from Corrections
to Community

June 23 - 25, 2008 Indianapolis, Indiana





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Greetings,

As Governor, it is my pleasure to welcome you to Indiana and the 2008 National Mental Health Conference. We are happy to have you as guests in our state capital and hope you'll enjoy your time here.

Commissioner Donahue and the Indiana Department of Correction will be excellent hosts for a conference that is sure to provide you with new ideas, sharing of best practices, and information that will assist you in your daily challenge of managing special populations. You have the opportunity to discuss and learn about issues that will promote successful offender re-entry and improve public safety.

Though you look to have a full conference schedule, we hope you'll take the time to enjoy everything that Indianapolis has to offer. I hope that your conference experience is both educational and memorable. We look forward to providing you with our Hoosier Hospitality throughout your stay in our great state.

Sincerely,

mitch Daniels

Mitch Daniels



Letter from the Commissioner

Greetings!

On behalf of the Indiana Department of Correction, I am pleased to welcome each of you to the 2008 National Mental Health Conference titled, Unlock the Mystery: Managing Mental Health form Corrections to Community. I am excited to have the Indiana Department of Correction host this event and trust that your Unlock the Mystery experience will be a rewarding one.

We have worked hard to offer you educational workshops and keynotes with the goal of initiating a national conversation designed to enhance your organization's abilities to deliver quality care to the special populations within the criminal justice system.

We are proud of our state as well as the successful initiatives implemented throughout the Agency. We look forward to sharing with our colleagues and having you as our guest. My staff and I hope to have the opportunity to greet each of you personally with a warm Hoosier welcome. If we can assist you in any way during your visit with us, please let us know.

I am glad that you made the decision to Unlock the Mystery!



Our Agency, is committed to...





Vision

We, the dedicated professionals of the Indiana Department of Correction, strive towards a safer, more secure Indiana for those we serve through innovative programming and community partnerships.

Mission

The mission of the Indiana Department of Correction is to empower the agency's staff of correctional professionals to increase public safety and reduce recidivism through successful re-entry programs that allow offenders the opportunity to positively contribute to Indiana communities.

Letter from the Executive Chair

Welcome to Unlock the Mystery!

The hope of the Conference Committee is that you thoroughly enjoy your stay in Indianapolis, gain further insight into issues surrounding the increasing population of special needs clients, from incarceration through re-entry back into the community, and experience the opportunity to form a network of new or renewed professional contacts.

Featuring a formidable array of workshops and presenters fine-tuned by our Program Chair, William N. Elliott, Ph.D., our aim is to place Mental Health issues; across the criminal justice spectrum, to the forefront of concern and conversation in order to facilitate concepts and continuums that will address and plan for the future.

The full committee has dedicated almost three quarters of a year in the planning, design, and execution of this event. I acknowledge each member for their devotion, dedication, and belief in the vision of our Agency Head, Commissioner J. David Donahue. One key staffer that has put heart and soul into ensuring that each detail of the conference proceeded smoothly and has earned special mention is Evan Hawkins serving as Operation Chair.

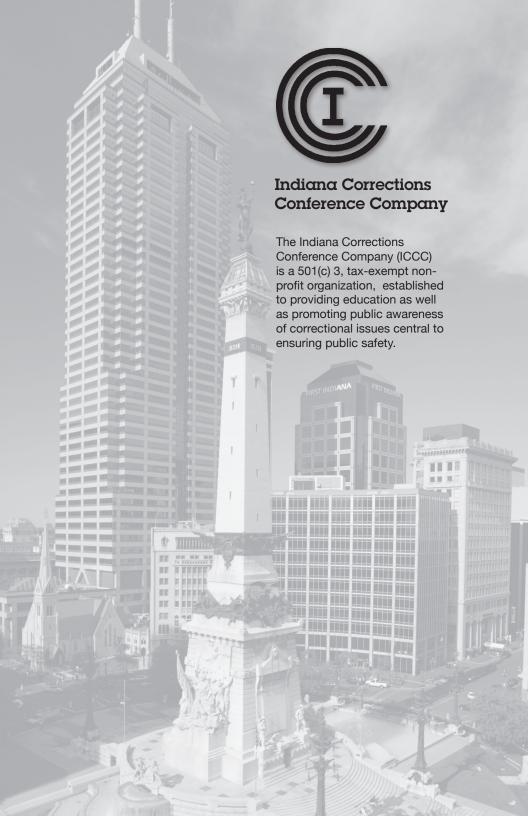
Please enjoy yourself! A special blend of workshops, meals, entertainment, and charity events is presented to create a relaxed atmosphere in which to discuss serious issues that face our professions.



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Conference Schedule

SUNDAY. JUNE 22

5:00 p.m. - 7:00 p.m. Early Registration 6:30 p.m. - 9:30 p.m. Welcome Reception

MONDAY, JUNE 23

7:30 a.m. - 3:00 p.m. Registration 7:30 a.m. - 9:00 a.m. Breakfast 9:00 a.m. - 10:30 a.m. Opening Ceremonies 10:45 a.m. - 11:45 a.m. Keynote by Robert McGrath, M.A. 11:45 a.m. - 1:15 a.m. Luncheon - Address by Paula Jarnecke 1:15 p.m. - 6:00 p.m. Grand Opening of Exhibit Hall Workshops 1:30 p.m. - 2:45 p.m. 3:00 p.m. - 4:15 p.m. Workshops 4:15 p.m. - 5:00 p.m. Visit with Exhibitors 5:00 p.m. - 6:00 p.m. Pre Banquet Welcome Reception

6:00 p.m. - 7:30 p.m. Conference Banquet 7:30 p.m. - 10:30 p.m. Conference Banquet Social/

Executive Reception

TUESDAY, JUNE 24

7:30 a.m. - 12:00 p.m. Registration 7:30 a.m. - 8:30 a.m. Breakfast/Exhibit Hall 8:30 a.m. - 9:45 a.m. Workshops 10:00 a.m. - 11:15 a.m. Workshops 11:30 a.m. - 12:30 p.m. Luncheon - Address by William Elliott, Ph.D. 12:30 p.m. - 1:30 p.m. Keynote by Art Beeler 1:45 p.m. - 3:00 p.m. Workshops 3:00 p.m. - 4:30 p.m. Workshops 7:00 p.m. - 10:00 p.m. "Pitch for Mental Health"

WEDNESDAY, JUNE 25

8:00 a.m. - 9:30 a.m. Breakfast/Exhibit Hall 8:00 a.m. - 9:30 a.m. Roundtable Series 9:45 a.m. - 10:45 a.m. Keynote by Joel Dvoskin, Ph.D., A.B.P.P. 10:45 a.m. - 11:30 a.m. Closing Ceremonies



"A Pitch for Mental Health"
Tuesday, June 24th, 7:00 p.m.

Mental Health in Corrections Night at Victory Field

On Tuesday, June 24, 2008 at 7:00pm, the Indiana Department of Correction proudly welcomes National Mental Health Conference attendees to join us for a Night at Victory Field, home of the Indianapolis Indians. Come on out and enjoy the sights and sounds of downtown Indianapolis as we "Make a Pitch for Mental Health."

Recognized as the "Best Minor League Ballpark in America" by prominent publications such as Baseball America and Sports Illustrated, Victory Field opened its gates July 11, 1996, and serves as home of the Indianapolis Indians, Triple-A affiliate of the Pittsburgh Pirates. The ballpark is also home to the annual City, County, and High School Baseball State Championships. On July 11, 2001, Victory Field hosted the Triple-A All-Star Game.

Located at the corner of West and Maryland Streets in downtown Indianapolis, Victory Field offers a spectacular view of the Indianapolis skyline. The \$20 million facility boasts many unique features including an open concourse that offers a great view of the playing field throughout the ballpark, festival-style lawn seating,

and angled outfield seats that hug the foul lines. With 12,500 permanent stadium seats and room for approximately 2,000 fans in the lawn, the ballpark can comfortably accommodate crowds of 14,500. Victory Field also features 28 luxury suites, five suite-level party areas, and two large picnic areas.

Victory Field represents the southwest border of White River State Park, an urban park that features numerous cultural, educational and recreational attractions including the Indianapolis Zoo & White River Gardens, the NCAA Hall of Champions, the Indiana State Museum, an IMAX theatre and the Congressional Medal of Honor Memorial. The northeast corner of White River State Park is bordered by the sprawling campus of IUPUI and its enrollment of over 30,000.

The city of Indianapolis has built its reputation as the "Amateur Sports Capital of the World" which is due in large part to the world-class sports facilities within its downtown. Victory Field shares the limelight with the neighboring RCA Dome, Conseco Fieldhouse, the Indiana University Natatorium, the Indianapolis Tennis Center, and the Michael E. Carroll Track & Soccer Stadium. Be a part of something great and help us "Make a Pitch for Mental Health." To be a part of this exciting evening at Victory Field, visit the registration table or ask a National Mental Health Conference staff member.



Program Highlights

Conference Welcome Reception Sunday June 22 | 6:30 p.m. - 9:30 p.m. Quincy's

The Conference Welcome Reception is the official kickoff of the 2008 National Mental Health Conference. Come and commemorate the beginning of this great event. Welcome Reception guests will be serenaded by the uplifting sounds of locally renowned musician Gregg Bacon and his band.

Conference Banquet Social Monday June 23 | 7:30 p.m. - 10:30 p.m. Quincy's

The Conference Banquet Social is a great opportunity to distribute your business cards, shake hands and rub shoulders with professionals like yourself. Bring your dancing shoes, because guests that missed Gregg Bacon and his band on Sunday Night will have an opportunity to catch him again on Monday Evening after the Conference Banquet.

Executive Reception Monday June 23 | 7:30 p.m. - 10:30 p.m. Sixth Floor Executive Suite Room 617

The Executive Reception is an invitation only event.



Silent Auction

Visit Golden Ballroom 5 to place your bid June 22-25, 2008

> Monday, June 23, 2008 8:00 a.m. - 6:00 p.m.

> Tuesday, June 24, 2008 8:00 a.m. - 11:30 a.m.





Caption: Original Brick from the Indiana State Prison dating back to 1860

Caption: Original Cell Door Lock from the Indiana State Prison dating back to 1859

Winners will be announced Tuesday afternoon.

All proceeds will go to designated mental health charities.

Your Silent Auction bid number is located on the back of your Conference ID Badge.



Dr. Joel Dvoskin, Ph.D., A.B.P.P. Senior Psychologist, Threat Assessment Group, Inc. (TAG)

For three decades, Dr. Dvoskin has worked as a clinician, researcher, scholar, and administrator in the fields of mental health and criminal justice. He studied psychology and law at the University of Arizona, where he received his Ph.D. in clinical psychology in 1981. He completed an internship at McLean Hospital and Harvard Medical School, and a fellowship in forensic psychology at the Harvard Medical School.

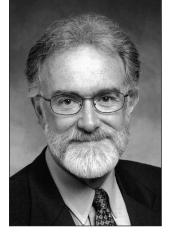
Dr. Dvoskin served as the President of Division 18 of the American Psychological Association (Psychologists in Public Service) and recently as President (2006-2007) of the American Psychology-Law Society (APA Division 41). He has won awards for scholarship and service from the American Academy of Psychiatry and the Law, the National Coalition for the Mentally III in the Criminal Justice System, the American Psychological Association (Division 18), and the Arizona Psychological Association. In 2005, Dr. Dvoskin was selected as Distinguished Visiting Professor of Psychiatry at the University of California, Davis School of Medicine.

For more than a decade, Dr. Dvoskin presided over the forensic and correctional mental health systems of the state of New York, and served as Acting Commissioner of Mental Health for the State of New York, overseeing 25,000 staff members, 31 state psychiatric hospitals, and a budget of more than \$3 billion dollars per year.

Dr. Dvoskin provides training to mental health and criminal justice professionals throughout the US, Canada, and Europe on the treatment of people with cooccurring mental illness and substance abuse diagnoses, including assessment and reduction of the risk of interpersonal violence.

He has provided consultation to various professional organizations, including the American Bar Association, The American Psychiatric Association, the American Correctional Association, and the American Psychological Association, as well as numerous Federal agencies such as the National Institutes of Mental Health, the National institute of Justice, and the National Institute of Corrections.

Currently, Dr. Dvoskin serves on the faculties of the medical school at the University of Arizona. He is affiliated with the Threat Assessment Group and Park Dietz and Associates, and maintains a clinical, forensic, and consulting psychology practice in Tucson, Arizona.



Robert McGrath, M.A. Clinical Director. Vermont Department of Correction

Robert McGrath, M.A., is the Clinical Director of the Vermont Department of Correction's statewide network of three prisons and twelve outpatient sex offender treatment programs.

As Director of the Adult Sex Offender Program, he developed, directs and provides services in an outpatient treatment program for adult sex offenders.

He is also the President of McGrath Psychological Services, P.C. and provides consultation and training services to mental health, corrections, and criminal justice organizations concerning sex-offender assessment, treatment, program development, and program evaluation.

He has conducted training and program evaluations for numerous private and governmental organizations throughout the United States and for the federal governments of Canada, England, Scotland, and Taiwan, He has served a member of the Correctional Service of Canada's International Sex Offender Program Accreditation Panel, the Association for the Treatment of Sexual Abusers' Practice Standards Committee, and Her Majesty's Prison Service (England) International Treatment Advisory Board.

As consultant with the U.S. Department of Justice, National Institute of Corrections he developed the seminars "Treatment Skills for Professionals Working with Sex Offenders," and "Sex Offenders Treatment Skills." He also conducted over 20 five-day seminars for teams of correctional and mental health staff representing over 40 states and four branches of the military. 1989 to present.

Mr. McGrath has authored numerous professional journal articles, book chapters, and training manuals. He is the author of two recent books. Current Practices and trends in Sexual Abuser Management and Supervising the Sex Offender. In addition, he developed the sex offender Treatment Needs and Progress Scale Manual and the Vermont Assessment of Sex Offenders Risk Manual.

He has also been a Guest Reviewer of Criminal Justice and Behavior, Safer Society Press, Sage Publications, Sexual Abuse: A Journal of Research and Treatment.



Arthur F. Beeler, Jr. Warden Butner Federal Correctional Complex Federal Bureau of Prisons

Warden Beeler has been employed with the Federal Bureau of Prisons for more than thirty years beginning his career at the Federal Reformatory in Petersburg. Virginia in 1975 as a correctional intern. Since that time he has held a variety of positions to include that of correctional officer and case manager. Since 1987, Warden Beeler has been a Warden at six separate federal institutions, to include two federal medical centers, a federal transportation center and a federal jail. He has been at the medical center at Butner since 2000. In 2007, he was named Complex Warden for Butner.

Warden Beeler received his undergraduate training at the College of the Albemarle in Elizabeth City, North Carolina, and received a professional degree in Social Work and Correctional Administration at East Carolina University in Greenville, North Carolina. He received a Master's Degree in Administration from University College, University of Maryland in 1994. He teaches on-line courses at Christopher Newport University in Newport News, Virginia, and is an adjunct lecturer at Duke Law School.

An Eagle Scout, Warden Beeler is a Paul Harris Fellow of the Rotary Foundation. He has received recognition as a warden for his work with UNICOR (Federal Prison Industries) and in Informal Resolution. He and his wife received the Peace College Volunteer of the Year Award in 2004 and he was named the Distinguished Public Service Administrator by the Southeastern Conference of Public Administration in 2006. In 2007, he was awarded the Surgeon General's Award for Exemplary Service. He currently is the President of the Board of Directors for the Granville County North Carolina Education Foundation, and a member of the Criminal Justice Advisory Committee at East Carolina University.

He has been married for thirty-two years to Jo and has a daughter, Meghan, and a wonderful son-in-law, Adam.



Paula Jarneke Warden. Metropolitan Detention Center Federal Bureau of Prisons

Warden Jarnecke is employed by the Federal Bureau of Prisons. She serves a warden of the Metropolitan Detention Center, located in San Diego California.

Paula M. Jarnecke began her career with the Federal Bureau of Prisons in July 1985, as a Correctional Officer at the Metropolitan Correctional Center in Chicago, Illinois. She has served at six separate Bureau of Prisons' institutions of varying security levels from a minimum security Prison Camp in Danbury. Connecticut to a United States Penitentiary in Terre Haute, Indiana. In her assignments with the agency, Ms. Jarnecke has assumed positions of increasing responsibility to include Correctional Services Supervisor (Lieutenant), Employee Development Manager, Instructor at the Federal Law Enforcement Training Center, Camp Administrator, and Associate Warden, Ms. Jarnecke was selected as Warden of the Metropolitan Correctional Center in San Diego, California in April of 2006.

Ms. Jarnecke received her Bachelor's Degree in Psychology at Indiana University in Bloomington, Indiana, in 1975. She received a Master's Degree in Public Administration from New Haven University in West Haven, Connecticut, in 1998. Prior to her employment with the Federal Bureau of Prisons, Ms. Jarnecke served as a Police Officer for the City of Bensenville, Illinois from 1979 to 1982.

Ms. Jarnecke enjoys teaching corrections and criminal justice classes at the college level and has been an adjunct lecturer at several colleges during her Bureau of Prisons' career, to include Tunxis Community College in Connecticut, and Indiana State University in Terre Haute, Indiana.

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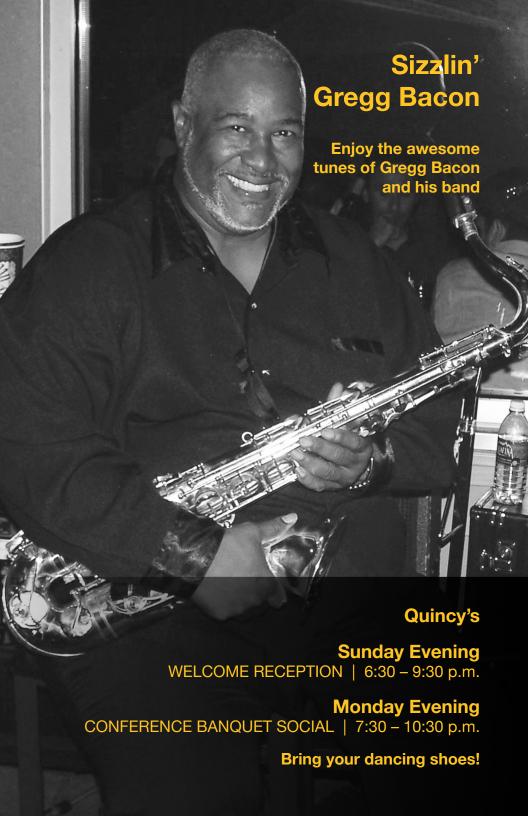
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Notice to Psychiatrists: An application for 14 credits has been made to the Indiana University School of Medicine in partnership with the Indiana State Board of Health.

FOR QUESTIONS REGARDING CONTINUING EDUCATION UNITS. PLEASE FEEL FREE TO ASK YOUR WORKSHOP FACILITATOR.



stery Drawin \$3,000 in prizes

GRAND PRIZE

Flat Screen Television

Drawing will be held Wednesday morning during closing session.

FIRST PRIZE

Outdoor Grill with Grill Set

Drawing will be held during Tuesday luncheon.

SECOND PRIZE

Navigation System

Drawing will be held Monday during conference banquet.

THIRD PRIZE

Dinner for Four

Drawing will be held Monday during conference banquet.

FOURTH PRIZE IPOD Nano

Drawing will be held Monday during luncheon.

Visit the Exhibit Hall to enter the Mystery Drawing.

Drawings will be conducted throughout the conference. Winners must be present to win.

Unlock the Mystery Team



Conference Executives

Dan Ronav Keith Butts

Program Chair

William Elliott. Ph.D.

Conference Chairs

Nancy Riley David Burch

Operations Chair

Evan Hawkins

Treasurer

Lisa Cottingham

Conference Consultant

Steve Ingram

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Diana Williams Dr. Jim Friedle Kellie Meyer

Terry Jenkins

Time	Attend		Description Page No.	Location
Monday,	June	23		
1:30 - 2:45 p.m.		Stages of Treatment and Change for Persons with Mental Illness and Substance Abuse Disorders	26	Directors Row 2
1:30 - 2:45 p.m.		Lake County - Indiana Forensic Diversion Program	26	Directors Row 3
1:30 - 2:45 p.m.		Sex Offender Containment and Accountability Program (SOCAP)	26	Fortune Square A
1:30 - 2:45 p.m.		New Advances in the Identification and Treatment of Youth with Sexuall Aggressive Behaviors	27 y	Fortune Square B
1:30 - 2:45 p.m.		"Suicide Proofing" High Security Prisons	27	Fortune Square C
1:30 - 2:45 p.m.		Youth Suicide: Recognizing the Warning Signs	27	Fortune Square D
1:30 - 2:45 p.m.		Sex Offender Treatment and Educational Program	28	Golden Ballroom 1
1:30 - 2:45 p.m.		The Role of the Polygraph in Sex Offender Treatment	28	Golden Ballroom 2
1:30 - 2:45 p.m.		East Mississippi Correctional Facility "A Special Needs Facility for Mental Challenged Inmates"		Golden Ballroom 3
1:30 - 2:45 p.m.		Characteristics of Adult Sex Offenders: What Do We Know?	28	Golden Ballroom 6
3:00 - 4:15 p.m.		Gang Intervention for Youthful Offenders	29	Directors Room 2
3:00 - 4:15 p.m.		Developing an Offender Accountability Plan	29	Directors Row 3
3:00 - 4:15 p.m.		A New Direction: A Cognitive- Behavioral Treatment Curriculum for Chemically Dependent Offenders	29 S	Fortune Square A
3:00 - 4:15 p.m.		Re-Entry: Returning the Sex Offende into the Community: "The Good, the Bad and the Ugly."	er 30	Fortune Square B
3:00 - 4:15 p.m.		Managing Self-Injurious Behavior: Case Study	30	Fortune Square C

Time	Attend		Description Page No.	Location
Monday,	June	23		
3:00 - 4:15 p.m.		"Psychiatry for Non-Psychiatrists?	" 30	Fortune Square D
3:00 - 4:15 p.m.		Transitioning from Corrections to Community: Psychiatric Care	30	Golden Ballroom 1
3:00 - 4:15 p.m.		Risk-Based Treatment Strategies for Sex Offenders	31	Golden Ballroom 2
3:00 - 4:15 p.m.		Diagnostic and Demographic Profile of Illinois' Sexually Violent Persons Population	s 31	Golden Ballroom 3
3:00 - 4:15 p.m.		An Introduction to Motivational Interviewing	31	Golden Ballroom 6
Tuesday,	June	24		
8:30 - 9:45 a.m.		Juvenile Intake Screening	32	Directors Row 2
8:30 - 9:45 a.m.		Pre-Release Screening of Sexually Dangerous Offenders	32	Directors Room 3
8:30 - 9:45 a.m.		Using a Common Assessment of Needs and Strengths across the Service Systems	32	Fortune Square A
8:30 - 9:45 a.m.		Team Building	33	Fortune Square B
8:30 - 9:45 a.m.		Self-Mutilation: Understanding and Treatment	33	Fortune Square C
8:30 - 9:45 a.m.		The Assertive Community Treatment Model for Seriously Mentally III Offenders (Part I)	t 33	Fortune Square D
8:30 - 9:45 a.m.		Mental Health Education for Prison Staff	34	Golden Ballroom 1
8:30 - 9:45 a.m.		Sex Offender Registration and Community Notification 101	34	Golden Ballroom 2
8:30 - 9:45 a.m.		Pennsylvania Sexual Responsibility and Treatment Program	34	Golden Ballroom 3
8:30 - 9:45 a.m.		Hearing from the Horse's Mouth: Actual Clients Speak their Piece	34	Golden Ballroom 6

Time	Attend		Description Page No.	Location
Tuesday,	June	24		
10:00 - 11:15 a.m.		Developmental Factors in Criminal Behavior and Substance Abuse	35	Directors Row 2
10:00 - 11:15 a.m.		Cognitive Behavioral Treatment of Sleep Disorders	35	Directors Row 3
10:00 - 11:15 a.m.		Introducing the Adults Needs and Strength Assessment	35	Fortune Square A
10:00 - 11:15 a.m.		Understanding the Stakes in Juvenile Bonding	35	Fortune Square B
10:00 - 11:15 a.m.		Suicide Prevention: Correctional Medical Services National Protocol	36	Fortune Square C
10:00 - 11:15 a.m.		The Assertive Community Treatmen Model for Seriously Mentally III Offenders (Part II)	t 36	Fortune Square D
10:00 - 11:15 a.m.		Recidivism and Mental Illness	36	Golden Ballroom 1
10:00 - 11:15 a.m.		Sex Offender Registration, Communi Notification, and Emerging Issues 20		Golden Ballroom 2
10:00 - 11:15 a.m.		The Effectiveness of Depo-Lupron of Sexual Arousal as Indicated by Penile Plethysmograph Testing	on 37	Golden Ballroom 3
10:00 - 11:15 a.m.		Bridging the Gap between Mental Health and Custody Staff	37	Golden Ballroom 6
1:45 - 3:00 p.m.		Multidisciplinary Treatment Planning	38	Directors Row 2
1:45 - 3:00 p.m.		Beginning the CIT (Crisis Interventio Team) Process in Your Community	n 38	Directors Row 3
1:45 - 3:00 p.m.		The Indiana Access to Recovery Project	38	Fortune Square A
1:45 - 3:00 p.m.		"Getting Out for Good"	39	Fortune Square B
1:45 - 3:00 p.m.		The Autism Spectrum – Increasing Challenges for the Treatment and Legal Communities	39	Fortune Square C

		ı	Description	
Time	Attend		Page No.	Location
Tuesday,	June	24		
1:45 - 3:00 p.m.		Minimizing Correctional Mental Health Emergencies: Solutions for Dealing with Difficult Offenders	39	Fortune Square D
1:45 - 3:00 p.m.		Sex Offender Risk Assessment	40	Golden Ballroom 1
1:45 - 3:00 p.m.		Vicarious Traumatization	40	Golden Ballroom 2
1:45 - 3:00 p.m.		Specialized Treatment Needs within Sexually Violent Persons Population		Golden Ballroom 3
1:45 - 3:00 p.m.		Coordinating Re-Entry Services for Mentally III Offenders	40	Golden Ballroom 6
3:15 - 4:30 p.m.		Telemedicine for Rural Jail Mental Health Services	41	Directors Row 2
3:15 - 4:30 p.m.		Recruiting Mental Health Profession through Mental Health Internships	al 41	Directors Row 3
3:15 - 4:30 p.m.		Transitional Living Services for Substance Abusing Offenders	41	Fortune Square A
3:15 - 4:30 p.m.		"I've got your back"	42	Fortune Square B
3:15 - 4:30 p.m.		The Indiana Juvenile Mental Health Screening, Assessment and Treatment Pilot Project	42	Fortune Square C
3:15 - 4:30 p.m.		The Penile Plethysmograph and the Treatment of Sex Offenders	42	Fortune Square D
3:15 - 4:30 p.m.		Mental Health Diversion Programs: The Unique Operation of PAIR Mental Health	42	Golden Ballroom 1
3:15 - 4:30 p.m.		Treatment of Mentally III Offenders: Peruvian Comparison	43	Golden Ballroom 2
3:15 - 4:30 p.m.		The New Generation of Sexually Violent Predator Laws: Management and Treatment of High Risk Sexual Offenders	43 t	Golden Ballroom 3
3:15 - 4:30 p.m.		How to Manage Adult Male Sex Offenders Using the Containment Model	43	Golden Ballroom 6

Workshop Descriptions Monday, 1:30 - 2:45 p.m.

Stages of Treatment and Changes for Persons with Mental Illness and Substance Abuse Disorders

Presenter: Jennifer Wright, LSW, Act Center of Indiana

Focus: All

In mental health and criminal justice fields, services are often delivered in a way that, although well-intended, "miss the mark" on what the client really needs to achieve: wellness and rehabilitation. Using the Stages of Treatment/ Stages of Change Model will teach the provider how to identify where a client is in their change process as well as which types of interventions "fit" with the specific stage of change. The appropriate use of this model can increase client motivation toward rehabilitation as well as reducing provider burnout.

Lake County – Indiana Forensic Diversion Program Presenters: James Berman, MA, Director of Contracted Clinical Services, Southlake Center Focus: Adult/Juvenile Addiction

The Lake County Forensic Diversion Program's design and structure will be presented, emphasizing the significance of developing effective and meaningful interagency relationships and understanding of the importance of a correctional oriented, cognitive behavioral curriculum and milieu, and the components and services provided. The program's outcome statistics and client recidivism rates will be compared against those of untreated offenders who receive incarceration only. Resources and literature regarding Forensic Diversion Programs will be provided.

Co-Presenters: Linda Grove-Paul, MPA & David Garner, MPA

Sex Offender Containment and Accountability Program (SOCAP) Presenter: Superintendent Wendy Knight, Plainfield Correctional Facility, Indiana Department of Correction Focus: Adult Sex Offenders

This workshop will describe a facility-wide accountability and treatment program for incarcerated adult sex offenders. All facility staff are challenged to identify and confront criminal thinking patterns with special emphasis on power and control tactics similar to those used during victimization. The centerpiece of the program is the SOCAP team meeting through which an individualized accountability plan is generated every thirty days.

Co-Presenters: William Elliott, Ph.D. & Melissa Gharst

Workshop Descriptions Monday, 1:30 - 2:45 p.m.

New Advances in the Identification and Treatment of Youth with Sexually Aggressive Behaviors

Presenter: Jim Dalton, Psy.D., HSPP, Child Psychologist,

Vice President and COO of Damar Services, Inc.

Focus: Juvenile Sex Offenders

Over the past five years, significant advances in the identification, treatment, and transition of youth sex offenders have emerged to result in best practice approaches to this population and their families. This workshop will identify research-based best practices that have resulted in a state-wide training and credentialing model for professionals intervening with and monitoring these youth toward more effective outcomes. Treatment advances will be discussed and reviewed in the context of literature-based, trauma-informed approach approaches.

Co-Presenter: Brian Bill, LMHC, CSAYC

"Suicide Proofing" High Security Prisons Presenter: Superintendent Ed Buss, Indiana State Prison,

Indiana Department of Correction

Focus: Adult Mental Illness

This workshop describes a proactive approach to the identification and elimination of structural and procedural factors which make it easier for suicidal offenders to kill themselves. The role of custodial staff as vital members of the multidisciplinary suicide prevention team will be examined. In addition, the strategic deployment of specially trained inmates in the service of suicide prevention will be discussed.

Co-Presenters: Frank Masley, Mark Levenhagen & Jeffrey Batchelor

Youth Suicide: Recognizing the Warning Signs

Presenter: Joni Irwin, Jason Foundation:

For the Awareness and Prevention of Teen Suicide

Focus: Juvenile Mental Illness

The Jason Foundation is a nationally recognized provider of educational curriculums and training programs for students, educators, youth workers and parents. Jason Foundation's programs build an awareness of the national health problem of youth suicide, educate participants in recognition of "warning signs or signs of concern," provide information on identifying at-risk behavior and elevated risk groups, and direct participants to local resources to deal with possible suicidal ideation.

Workshop Descriptions Monday, 1:30 - 2:45 p.m.

Sex Offender Treatment and Educational Program Presenter: Tim Greathouse, Program Director, Pendleton Juvenile **Correctional Facility, Indiana Department of Correction** Focus: Juvenile Sex Offenders

We will discuss the current state of juvenile sex offenders in Indiana, current treatment modalities and approaches, the Sex Offender Treatment and Education program outline, the OUTREACH program outline, and current trends in sex offender assignments.

The Role of the Polygraph in Sex Offender Treatment Presenter: Neil Remaklus, Remaklus Polygraph Focus: Adult Sex Offenders

In the last decade, the use of the polygraph in the State of Indiana has progressed from random testing of individuals for independent reasons to a tool widely used to verify a person's sexual history and present behavior in relation to sex offender counseling and supervision. Participants will learn the various forms of testing currently in use and the specific purpose of each test.

East Mississippi Correctional Facility: "A Special Needs Facility for Mentally-Challenged Inmates"

Presenter: Tom Moore, Ph.D., The Geo Group, Inc.

Focus: Adult Mental Illness

Special needs population, in particular mentally-ill inmates, requires individualized individual treatment plans and intervention strategies to address their psychiatric needs. EMCF strives to assist inmates to achieve their maximum level of competency, coping with demands of daily living.

Characteristics of Adult Sex Offenders: What Do We Know? Presenter: Robert McGrath, MA, Clinical Director, **Vermont Department of Corrections**

Focus: Adult Sex Offenders

This workshop will examine what current data tells us about sexual victimization and sex offenders, why experts believe that individuals commit sex offenses, and what the implications of these particular findings might be for our efforts to treatment and manage sex offenders.

Workshop Descriptions Monday, 3:00 - 4:15 p.m.

Gang Intervention for Youthful Offenders

Presenter: Chris Blessinger, Program Director, Juvenile Services,

Indiana Department of Correction

Focus: Juvenile/All

Pendleton Juvenile Correctional Facility was given the opportunity to develop, implement and pilot the first gang intervention program for juvenile offenders. The program is called Gang Realities in Our World (GROW) and it focuses on gang intervention and personal growth. This workshop will discuss how offenders are identified for the program and treatment options for them.

Developing an Offender Accountability Plan

Presenter: Ronald Smith. Ph.D. Focus: Adult/Juvenile Mental Illness

The workshop will explore the disciplinary process for inmates with mental illness and define the key role that mental health professionals can play within the course of a disciplinary action. The workshop will explore the issue of inmate accountability and provide a semi-structured approach to integrating competency, responsibility, and the opportunity to promote behavioral change via the development of an inmate accountability plan.

A New Direction: A Cognitive-Behavioral Treatment Curriculum

for Chemically Dependent Offenders Presenter: Derrick Crim. MA. LADC. CSAC

Focus: Adult/Juvenile Addiction

This workshop will describe a manualized protocol for the cognitive-behavioral treatment of substance abusing offenders. The curricula for the program are divided into modules that address the following areas: (a) Intake and Orientation (b) Criminal and Addictive Thinking, (c) Drug and Alcohol Education, (d) Socialization, (e) Relapse Prevention, (f) Release and Reintegration Preparation. and (g) Co-occurring Disorders. This workshop examines its practical application and efficacy.

Workshop Descriptions Monday, 3:00 - 4:15 p.m.

Re-Entry: Returning the Sex Offender into the Community:

"The Good, the Bad and the Ugly."

Presenter: Denise Ware-Poukish, MS, LMHC, District Coordinator,

Liberty Health Services Focus: Adult Sex Offenders

Adult sex offenders returning to the community are among the most feared individuals of out time. With the increase of community awareness about sex offenders there also comes a multitude of obstacles in trying to provide a supportive, positive transition for the sex offender leaving prison. This session will identify the obstacles facing this population and describe the Indiana Sex Offender Management Re-Entry Program model.

Managing Self-Injurious Behavior: Case Study Presenter: John Wilson, Ph.D., MHM Services, Inc.

Focus: Adult Mental Illness

Behavioral management interventions offer the best hope of reducing recurrent self injurious behavior among inmates with significant behavioral disturbance. In this presentation, participants will learn how to understand severe self-injury within a correctional setting; the types of incentives, safety interventions and skills training required for effective behavioral interventions; ethical guidelines to which behavioral interventions must adhere; and principles of consistency, collaboration and monitoring that are crucial for supporting behavioral change.

"Psychiatry for Non-Psychiatrists?"

Presenter: Kevin Kallas, MD, Director of Psychiatry,

Wisconsin Department of Corrections

Focus: Adult Mental Illness

This workshop will provide an overview of medications, principles of prescription in a correctional environment, most frequently abused medications in prison, and what types of mental health presentations should be referred to medical services to rule out a medical problem.

Transitioning from Corrections to Community: Psychiatric Care Presenter: Darla Henshaw, MD, Regional Psychiatric Director, Correctional Medical Services

Focus: Adult Mental Illness

Attendees will learn about providing appropriate psychiatric medication and treatment in light of current budgetary constraints and the difficulties offenders face in transitioning back into community-based care.

Workshop Descriptions Monday, 3:00 - 4:15 p.m.

Risk-Based Treatment Strategies for Sex Offenders Presenter: Adam Deming, Psy.D., Indiana Sex Offender Management Program Director, Liberty Behavioral Health Corporation **Focus: Adult Sex Offenders**

This presentation will provide an overview of risk-based treatment strategies with sex offenders. Various models for conceptualizing and utilizing sex offender risk factors will be presented. A description of the Indiana Sex Offender Management and Monitoring Program risk-based treatment program will be provided, as will recommendations for implementing risk based strategies with sex offenders in both correctional and community settings.

Diagnostic and Demographic Profiles of Illinois' Sexually Violent Persons Population

Presenter: Shan Jumper, Ph.D., Clinical Director,

Illinois Department of Human Services

Focus: Adult Sex Offender

Twenty-one jurisdictions in the United States have enacted civil commitment laws for high-risk sex offenders since 1990. Although the legal descriptions of individuals eligible for commitment are spelled out in each state or federal law, as mental health professionals treating these individuals we know very little about the characteristics of offenders who comprise these highly specialized populations

Co-Presenter: Mark Babula, Ph.D.

An Introduction to Motivational Interviewing Presenter: Tim Gearhart, MSW, **Indiana University Purdue University Indianapolis** Focus: All

Motivational Interviewing is a clinical skill set that is geared towards eliciting behavior change. In this presentation, participants will have the opportunity to learn the principles, spirit, and basic clinical components of Motivational Interviewing.

Workshop Descriptions Tuesday, 8:30 - 9:45 a.m.

Juvenile Intake Screening

Presenter: Superintendent Lori Harshbarger.

Logansport Juvenile Reception and Treatment Facility,

Indiana Department of Correction

Focus: Juvenile/All

Presenters will discuss screening tools and techniques used to identify mental health, sexual offender, and substance abuse treatment needs upon intake into a juvenile correctional setting in Indiana. The goal is to reduce the risk of dangerous behaviors while in the correctional setting and to provide services to juveniles identified with special needs. Special emphasis will be placed on assessing youth's risk for sexual predation or victimization.

Co-Presenters: Spencer Booth, Psy.D., Brian Hutner, Psy.D. &

Katie Knutson, MPA

Pre-Release Screening of Sexually Dangerous Offenders

Presenter: Mark Hanlon, Ph.D., Psychologist,

Bismarck Maximum Security Facility, **North Dakota Department of Corrections**

Focus: Adult Sex Offenders

This small study examines empirically the wisdom of specific procedures used by the North Dakota Sexual Predator to screen soon-to-be-released sex offender for referral to State's Attorneys for consideration of civil commitment. It also reveals the influence of "history" or in this case a specific notorious and heinous offense upon public policy and the procedures used for such referrals.

Using a Common Assessment of Needs and Strengths **Across the Service Systems** Presenter: Betty Walton, Ph.D., Walton Consultants, Indiana University School of Social Work. Indiana Family & Social Services Division of Mental Health & Addiction Focus: Juvenile Addiction

Mental health and addiction services are provided through multiple public service systems. The Child and Adolescent Needs and Strength Assessment (CANS, Lyons, 1999) is an information integration tool which can be used to improve communication across the systems, engage youth and families while identifying needs and strengths, support decisions about intervention plans and intensity of services, monitor outcomes and improve the quality of care. This workshop will introduce the tool and share Indiana's implementation experience.

Workshop Descriptions Tuesday, 8:30 - 9:45 a.m.

Team Building

Presenter: John Israel, Psy.D., Health Service Administrator, Westville Correctional Facility, Indiana Department of Correction

Focus: All

This seminar is dedicated to creating positive treatment team development by understanding Bion's Work Group and the Basis Assumptions Group, then applying these two concepts to the stages of development suggested by Vorrath and Brendtro.

Co-Presenters: Rachel Ross, Ph.D., MD & Superintendent Bill Wilson

Self-Mutilation: Understanding and Treatment Presenter: James Freidle, Ph.D., Clinical Director of **Behavioral Health Services. Correctional Medical Services**

Focus: Adult Mental Illness

The goals of this presentation are to separate suicide from self-mutilation, and look at why people self mutilate. Based on this understanding, this workshop will look at treatment and examine how treatment approaches are related to diagnosis. Finally, attendees will review the use of behavioral contracts and behavior modification with inmates.

The Assertive Community Treatment Model for Seriously Mentally III Offenders (Part I) Presenter: Angela Rollins, Ph.D., ACT Center of Indiana/Research Director, Assistant Professor, IUPUI Focus: Adult Mental Illness

Assertive Community Treatment (ACT) is an evidence-based practice in mental health services, with decades of well-controlled research evidence to support its effectiveness in reducing hospital use, improving housing stability, and increasing retention in treatment for clients with severe mental illnesses. Despite the model's potential promise for application to criminal justice populations with severe mental illnesses, the evidence remains confined to small pilot studies and uncontrolled program evaluations. In this two-part presentation, we describe the basic ACT model components and discuss further model development underway across the country to apply ACT to people with SMI in criminal justice settings.

Co-Presenters: Jonas Thom, M.A., PCC & Lia Hicks, MBA

Workshop Descriptions Tuesday, 8:30 - 9:45 a.m.

Mental Health Education for Prison Staff
Presenter: Kellie Meyer, MS, Criminal Justice Director,
National Alliance on Mental Illness of Indiana

Focus: Adult Mental Illness

NAMI Indiana offers a ten hour educational series regarding the nature of and treatment for various mental illnesses frequently manifested by prison inmates. Program evaluation has indicated a seventy percent reduction in the use of force following this training. The success of this program in two states has led to the creation of Peer to Peer mentoring and re-entry initiatives.

Co-Presenters: Paige McGuire, MA, & William Elliott, Ph.D.

Sex Offender Registration and Community Notification 101 Presenter: Brent Myers, Director of Registration & Victim Services,

Indiana Department of Correction Focus: Adult Sex Offenders

This session will introduce individuals to the basics of sex offender registration and community notification efforts. It is intended for those who do not have any or have little prior knowledge on these issues. The course will review the history of registration and community notification activities and explore changes in federal sex offender legislation. The participants will walk away with an understanding of sex offender registration and community notification efforts and how they have evolved over the last two decades.

Pennsylvania Sexual Responsibility and Treatment Program Presenter: Tara Travia, Ph.D., Clinical Psychologist, Pennsylvania Sexual Responsibility and Treatment Program and Liberty Behavioral Health, Torrence State Hospital Focus: Adult Sex Offenders

This workshop will be a discussion of the Pennsylvania Sexual Responsibility and Treatment Program's unique population of sex offenders. Discussion will focus on consequences of the civil commitment law and specific treatment modalities used with this population. Similarities and differences between prison-referred and juvenile placement-referred civilly committed men will be discussed.

Hearing from the Horse's Mouth: Actual Clients Speak their Peace Presenter: Eric Hochs, HOCCS Reporting Focus: Adult Mental Illness

There are many differences in effectively interacting with private clients versus court ordered defendants. This workshop will reveal specific obstacles that clients from the court system encounter. We will learn of specific challenges that this population faces. Exploring client's actual daily activities, such as, obtaining employment or getting transportation or filling out forms for disability, will open your eyes to the complexity of community integration.

Workshop Descriptions Tuesday, 10:00 - 11:15 a.m.

Developmental Factors in Criminal Behavior and Substance Abuse Presenter: Martha Levey. MA. Affiliated Service Providers Indiana. Inc. Focus: Adult/Juvenile Sex Offenders

This workshop will identify key behavioral markers viewed in early development which are associated with later offending. In addition, a brief overview of the addiction process and the complications offered through the lenses of poverty and gender build participant awareness of the need for responsive and effective programming.

Co-Presenter: Shelly Hellmann

Cognitive Behavioral Treatment of Sleep Disorders Presenter: Beltran Pages, Ph.D., Psychiatrist, MHM Correctional Services, Inc. Focus: Adult Mental Illness

Sleep disorders are a common presentation in the correctional setting. Inmates often are directly referred to heath services or psychiatry and treated with medication that is often maintained for extended periods of time. Cognitive/ Behavioral interventions as well as relaxation is a proven intervention that has no negative consequences and is a good first line response to this issue. A good diagnostic workup that includes a sleep log and later referral to a 4 session group module is to be the first line of intervention. The protocol and group modules will be covered.

Co-Presenter: Herb Yelverton, Ph.D.

Introducing the Adults Needs and Strength Assessment Presenter: Betty Walton, Ph.D., Walton Consultants, Indiana University School of Social Work, Indiana Family & Social Services Division of Mental Health & Addiction Focus: Adult Addiction

Mental health and addiction services are provided through multiple public service systems. The Adult Needs and Strength Assessment (ANSA, Lyons, 1999) is an information integration tool which can be used to improve communication across systems, engage individuals while identifying needs and strengths, support decisions about intervention plans and intensity of services, monitor outcomes and improve the quality of care. This workshop will introduce the tool and possible uses.

Understanding the Stakes in Juvenile Bonding Presenter: Carolyn Gentle-Genitty, MSW, ABD, Assistant Director for Labor Studies, Indiana University/After Care for Indiana for Mentoring, Indiana University School of Social Work

Focus: Juvenile/All

Valuing a person or property is largely contingent on the stakes or investment a juvenile has in said person or property. These stakes are formed through opportunities for social bonding. Failure to recognize the need and enhance opportunities for juvenile bonding limits the value, belief, commitment, and involvement the juvenile has with conventional cognitive processes and increases the strain they experience and express.

Workshop Descriptions Tuesday, 10:00 - 11:15 a.m.

Suicide Prevention: Correctional Medical Services National Protocol Presenter: Cindy Harvey, R.N., Behavioral Health Clinical Supervisor, Correctional Medical Services

Focus: Adult Mental Illness

Realizing the daily challenges faced by site leadership, CMS' Corporate Behavioral Health Department designed a "ready to assemble" suicide prevention program that provides not only increased resources and guidance, but also makes it easier for site leadership to implement a successful suicide program. These prevention resources are organized into a user-friendly "Suicide Prevention in a Box" format to facilitate use and distribution by site leadership at their designated facilities. This comprehensive suicide prevention program individually addresses all critical aspects recommended by national suicide prevention experts and regulatory entities.

The Assertive Community Treatment Model for Seriously Mentally III Offenders (Part II)

Presenter: Angela Rollins, Ph.D., ACT Center of Indiana/Research Director,

Assistant Professor, IUPUI Focus: Adult Mental Illness

Assertive Community Treatment (ACT) is an evidence-based practice in mental health services, with decades of well-controlled research evidence to support its effectiveness in reducing hospital use, improving housing stability, and increasing retention in treatment for clients with severe mental illnesses. Despite the model's potential promise for application to criminal justice populations with severe mental illnesses, the evidence remains confined to small pilot studies and uncontrolled program evaluations. In this two-part presentation, we describe the basic ACT model components and discuss further model development underway across the country to apply ACT to people with SMI in criminal justice settings.

Co-Presenters: Jonas Thom, M.A., PCC & Lia Hicks, MBA

Recidivism and Mental Illness

Presenter: James Francis DeGroot, Ph.D., Director of Mental Health/ Mental Retardation, Georgia Department of Correction

Focus: Adult Mental Illness

The Georgia Department of Correction releases over 2,000 mentally ill inmates each year. Research has been conducted to monitor recidivism rate and reasons for this population. We will discuss findings from our research to include services prior to release and after release. The correlation between housing and income as a factor in recidivating will be discussed. Barriers to successful re-entry into the community, along with some interventions that will be helpful and easy to implement, will be presented.

Co-Presenter: Eleanor L. Brown, LPC

Workshop Descriptions Tuesday, 10:00 - 11:15 a.m.

Sex Offender Registration, Community Notification, and Emerging Issues 201 Presenter: Brent Myers, Director of Registration & Victim Services, Indiana Department of Correction

Focus: Adult Sex Offenders

This session is designed for those who already have a basic understanding of sex offender registration and community notification efforts. It will explore recent developments in registration and community notification (i.e., Adam Walsh Child Protection and Safety Act) and emerging issues such as safety zones, lifetime supervision requirements, GPS/electronic monitoring, etc. Participants will walk away with a better understanding of the issues states face in regards to sex offender management and monitoring.

The Effectiveness of Depo-Lupron on Sexual Arousal as Indicated by the Penile Plethysmograph Testing Presenter: Michael Bednarz, MD, Illinois Department of Human Services **Focus: Adult Sex Offenders**

This study evaluates the effectiveness of anti-androgen treatment (Depo-Lupron) on sexual arousal as indicated by penile plethysmograph (PPG) testing. The subjects are 80 adult male sex offenders currently housed under the Sexually Violent Person Act in the Illinois Department of Human Services Treatment and Detention Center. Preliminary data analyses indicate a strong treatment effect in that subjects treated with Depo-Lupron demonstrate a significant reduction in deviant sexual arousal as measured by the PPG.

Co-Presenter: Adbi Tinwalla, MD

Bridging the Gap between Mental Health and Custody Staff Presenter: James Holwager, Ph.D., Chief Psychologist, North Branch Correctional Institution, Maryland Department of Public Safety and Correctional Services Focus: Adult/Juvenile Mental Illness

In corrections, new programs are looked at with significant skepticism. We make sure new programs are built for evidence-based practices, but we may have forgotten the most important component which is staff buy-in. Mental Health and custody staff often have a communication rift that sabotages many good programs. This program will focus on communication techniques and planning strategies that are designed to assist in building that bridge between mental health and custody professionals.

Workshop Descriptions Tuesday, 1:45 - 3:00 p.m.

Multidisciplinary Treatment Planning Presenter: Sharon Barboza, Ph.D., MHM Correctional Services, Inc. Focus: All

This session provides clinicians with strategies and skills for producing progress notes that speak to an individual inmate's specific treatment plan and progress towards treatment goals. It will provide an overview on how to write measurable treatment goals, formulate progress notes that speak to those specific goals, and transform notes that are descriptions of status into progress notes. Handson exercises allow participants to practice these skills and receive feedback from other clinicians.

Beginning the Crisis Intervention Team Process in Your Community Presenter: Dottie Davis, Deputy Chief, Fort Wayne (Indiana) Police Department

Focus: Adult Mental Illness

Crisis Intervention Team (CIT) is a community partnership of law enforcement, mental health professionals, and family members. The goal of the program is to help persons with mental illness access medical treatment rather than placing them in the criminal justice system for illness related behaviors. This involves 40 hours of specialized training regarding mental illness, de-escalation techniques, and community mental health resources for law enforcement officers.

The Indiana Access to Recovery Project Presenter: April Schmid, Program Coordinator of Indiana Access to Recovery, Indiana Family & Social Services Administration Division of Mental Health and Addiction Focus: Adult Addiction

This workshop will provide an overview of the Substance Abuse & Mental Health Services Administration (SAMHSA) Access to Recovery grant, including goals of the program and data from the first round of grantees. Indiana's program, which focuses on the criminal justice population, will be outlined as well as the relationship between the Indiana Division of Mental Health and Addiction and the Indiana Department of Correction. After the session, attendees will understand the benefits of the program as well as the process for evaluating eligibility and facilitating enrollment.

Co-Presenters: Charlotte Shoulders, MSW, & DeAnna Hoskins

Workshop Descriptions Tuesday, 1:45 - 3:00 p.m.

"Getting Out for Good"

Presenter: Ed Manier, Ph.D., Professor Emeritus, Philosophy and Philosophy of Science, University of Notre Dame & C. Robert Cloninger, M.D., Professor of Psychiatry and Genetics, Department of Psychobiology,

Washington University School of Medicine

Focus: Mental Illness Adult

This session will present the "Getting Out for Good" curriculum currently being offered at the Indiana Department of Correction's Westville Correctional Facility. The Temperament and Character Inventory (TCI) is a standardized instrument implemented by C. Robert Cloninger. The "Getting Out for Good" curriculum is a synthesis of work by C. Robert Cloninger, M.D. and William R. Miller, Ph.D., ("motivational interviewing") which suggests that even a poorly motivated individuals can learn, in groups, behind bars, to overcome anti-social identities, cognition, emotion and behavior, although multiple exercises building on their signature strengths and virtues, and gradually taking control of previously impulsive behaviors rooted in the neuropsychological foundations of four basic traits of temperament.

The Autism Spectrum-Increasing Challenges for the Treatment and Legal Communities

Presenter: Jim Dalton, Psy.D., HSPP, Child Psychologist, Vice President & COO, DAMAR Services, Inc.

Focus: Juvenile Mental Illness

Research indicates significant increases in the prevalence relate to Autism Spectrum Disorders. Children and young adults with Autism present specific challenges to the community in the areas of educational, behavioral, legal, and treatment approaches. This workshop will provide information regarding new advances in the identification and support of these individuals as well as some practical approaches for community management and response.

Co-Presenters: Leah McKenzie, MS, BCBA

Minimizing Correctional Mental Health Emergencies: Solutions for Dealing with Difficult Offenders Presenter: Derrick Baume, Psy.D., Lead Psychologist,

Miami Correctional Facility, Indiana Department of Correction

Focus: Adult Mental Illness

Mental health-related emergencies are among the vast array of unsettling correctional events. These signal events often manifest in offender lying, agitation, or self-harm behavior. A portion of the offender population takes advantage of Mental Health departments for secondary gain purposes. Altering the perception of Mental Health Departments as "the path of least resistance" is a key component toward better utilization practice and institutional stability. Specific interventions are offered toward this goal.

Workshop Descriptions Tuesday, 1:45 - 3:00 p.m.

Sex Offender Risk Assessment

Presenter: Tracy Fintel, Ph.D., Clinical Director of Indiana

Sex Offender Management and Monitoring, Liberty Behavioral Health

Focus: Adult Sex Offenders

This presentation will provide an overview of sex offender risk assessment. The importance of accurately assessing risk for recidivism will be discussed. A historical context for this type of assessment will be provided. Specific risk factors will be identified, and participants will learn about the different actuarial instruments used to evaluate risk. Further, different models for assessing risk will be described and compared. Finally, the Indiana Sex Offender Management and Monitoring Program's approach to risk assessment will be presented.

Vicarious Traumatization

Presenter: Pam Gremmels, MSW, Mental Health Director,

Illinois Department of Corrections

Focus: Adult Sex Offenders

Mental Health Professionals that work with incarcerated persons encounter trauma survivors. They themselves are subject to vicarious traumatization (VT), a transformation within the self which impacts their identity and world view. This workshop addresses the acknowledgement and balance of VT, using recommendations by Pearlman & Saakvitne.

Co-Presenter: Amy Ray, Ph.D.

Specialized Treatment Needs within Sexually Violent Persons Population Presenter: Diana Dobier, Psy.D., LCP, Director of Training &

Research at Liberty Health Care, Treatment and Detention Facility,

Illinois Department of Human Services

Focus: Adult Sex Offenders

The goal of this presentation is to address specialized programming approaches for two distinct subsets of the Sexually Violent Predator treatment population, those with either intellectual deficits/learning disabilities or high psychopathy. The first step in guiding these individuals to succeed in treatment is recognizing and addressing their specialized treatment needs. We discuss how programmatic changes were designed and implemented to address these needs, based on research and evidence-based practices.

Co-Presenter: Catie Furtado, Psy.D.

Coordinating Re-Entry Services for Mentally III Offenders Presenter: Sara Byczek, MS, Indiana State University

Focus: Adult/Juvenile Mental Illness

This presentation will provide suggestions for mental health and re-entry professionals in addressing the job challenges of mentally ill offenders. A case example will be provided highlighting the benefits of coordination between mental health and re-entry professionals to ensure appropriate services and success for this unique population.

Co-Presenters: Enrique Covarrubias, MA, & Brad Huffey Ph.D.

Workshop Descriptions Tuesday, 3:15 - 4:30 p.m.

Telemedicine for Rural Jail Mental Health Services Presenter: Jonathan Neufeld, Ph.D., Indiana Rural Health Specialty Exchange Focus: Adult Mental Illness

The Richard G. Lugar Center for Rural Health recently completed its first full vear of operation of a system to connect Hamilton Center, the local community mental health center, with the Vigo County Correctional Facility in order to provide tele-mental health consultation and treatment for inmates on both an urgent and routine basis. Over the course of the first year of operation, 4 urgent and 72 routine consultations for 33 individual inmates were completed with excellent overall results. This presentation will describe the process of implementation; identify important considerations for those interested in similar projects, and present selected results from the comprehensive evaluation that is an ongoing part of the project.

Co-Presenter: Eric Southard, RN, MSN, CNP

Recruiting Mental Health Professional through Mental Health Internships Presenter: Donald Hands, Ph.D., Director of Psychology,

Wisconsin Department of Corrections

Focus: Adult Mental Illness

A proven way to recruit and retain qualified mental health professionals is by establishing internship programs necessary for State licensure. How to establish an APA-approved pre-doctoral internship program in psychology in prison settings will be exemplified as one way within one field to accomplish this. A proven way to retain mental health professionals is to participate in the National Health Service Corps loan re-payment program that provides funds to licensed professionals to pay off their student loans. Participants will learn about these programs and how to get them started.

Transitional Living Services for Substance Abusing Offenders Presenter: Sharon Swan, R.M.N., R.N., Liberty Health Care Corporation, Bermuda Focus: Adult Addiction

The Transitional Living Center is a unique rehabilitative program that combines Therapeutic Community and Work Release principles to facilitate successful reintegration into the community for substance abusing offenders. The inmates averaged 4.5 previous incarcerations. As a small island nation, the Bermudan program has the rare opportunity for 100% monitoring of long-term outcomes of all treatment participants. Data from seven years of operation show that the offenders who were released on parole after receiving multi-modal rehabilitative treatment and intensive employment support achieved a 3-year re-incarceration rate of just 7%, compared to 12% for the partial treatment group and 33% for the treatment drop outs.

Co-Presenter: Jerry Jennings, Ph.D.

Workshop Descriptions Tuesday, 3:15 - 4:30 p.m.

"I've got your back"
Presenter: Carolyn Burns, Ph.D., Assistant Professor of Nursing,
Indiana State University
Focus: All

There are good days and bad days working in corrections. This workshop will address the skills needed to deal with challenging days. Corrections is a team sport. Learn how to become a team player and get in the game.

The Indiana Juvenile Mental Health Screening, Assessment and Treatment Pilot Project Presenter: April Vanlonden Degner, MDiv, PMC, Indiana Juvenile Mental Health Screening, Assessment and Treatment Pilot Project Focus: Juvenile Mental Illness

The Indiana Juvenile Mental Health Screening, Assessment and Treatment Pilot Project is a state-wide collaborative bringing routine and systematic mental health screening to Indiana's youth entering detention centers. Six counties are participating in the statewide pilot project and will discuss the implementation of this project, and how it is affecting their local communities.

Co-Presenters: Amy Karozos, J.D., Kristi Bruther, MSW, MBA, Alison Cox & Jason Bower

The Penile Plethysmograph and the Treatment of Sex Offenders Presenter: Peter Byrne, Ph.D., Behavioral Technology, Inc. Focus: Adult Sex Offenders

The purpose of this presentation is to educate individuals on the unique aspects of Penile Plethysmograph (PPG) evaluation in the assessment and treatment of sexual offenders. The presentation will describe the procedure in concrete terms to familiarize attendees with the process of running the assessment. Uses of the methodology in designing treatment plans as well as in the incorporation of the results into treatment are presented. Barriers to use of the methodology are identified along with methods to professionally address the barriers are presented.

Mental Health Diversion Programs: The Unique Operation of PAIR Mental Health

Presenter: Michael Trent, LSW, QMHP, Forensic Mental Health Coordinator, Midtown Community Mental Health Center

Focus: Adult/ Invenile Montal Illness

Focus: Adult/Juvenile Mental Illness

Panel will discuss a unique nationally recognized Pretrial Mental Health Diversion program – PAIR. It has successfully operated for over 10 years and diverted thousands of mentally ill individuals from the criminal justice system.

Workshop Descriptions Tuesday, 3:15 - 4:30 p.m.

Treatment of Mentally Ill Offenders; Peruvian Comparison Presenter: Brad Huffey, Ph.D., Associate Professor. Saint Mary of the Woods College and Psychologist, Wabash Valley Correctional Facility, Indiana Department of Correction Focus: Adult Mental Illness

This presentation will provide an international perspective on incarceration practices and treatment of mentally ill offenders in Peru, South America. Differences between incarceration practices in the United States and Peru will be examined. In addition, challenges faced by the prison system will be discussed, including providing services with limited resources, dealing with political prisoners, and responding to the August 2007 earthquake.

The New Generation of Sexually Violent Predator Laws: Management and Treatment of High Risk Sexual Offenders Presenter: Shan Jumper, Ph.D., Clinical Director, Illinois Department of Human Services Focus: Adult Sex Offender

This presentation will provide general background information on states with civil commitment laws for sexual predators. Common characteristics of this legislation will be explored, including the legal and clinical criteria necessary for the civil commitment process. Basic treatment and management strategies for this population will be explored, including group psychotherapy, "chemical castration," and intensive community supervision. The rights of civilly committed sexual offenders along the legal and treatment continuum will be explored and discussed among the group participants.

Co-Presenter: Anita Payne, LCSW

How to Manage Adult Male Sex Offenders Using the Containment Model Presenter: Tamara Redman, MS, Ed., District Supervisor of Indiana Sex Offender Management, Liberty Behavioral Health Corporation Focus: Adult Sex Offenders

The workshop will focus upon adult male sex offenders, and how to manage them within a containment model. This workshop will allow the participant an opportunity to learn what containment meetings are, and attendees will be given an opportunity to participate in a "mock containment meeting". Participants will role play parole agents, therapists, and offenders.

Roundtable Series

Supported by an educational grant from



Wednesday, June 25th 8:00 – 9:30 a.m.

MENTAL HEALTH

Managing Severely Fortune Square A
Personality Disordered Offenders

Devising a Continuum of Care Fortune Square B for Seriously Mentally III Offenders

ADDICTION

Recovery or Abstinence: Fortune Square C
The Ongoing Debate

Therapeutic Communities vs. Out-Patient Program Fortune Square D with Incarcerated Individuals

SEX OFFENDERS

Public Policy Issues with Sexual Offenders

Golden Ballroom 6

(Residency Restrictions/Adam Walsh Act)





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Exhibitors

- Actsoft
- Alkermes
- Behavioral Technology
- Correctional Medical Services
- DAMAR
- Indiana Family & Social Services Administration Division of Mental Health and Addiction
- **Essential Learning**
- Hazelden **Publishing**
- **HOCCS** Reporting
- Indiana Correctional Association
- Indiana Developmental **Training Center**

- Indiana Problem Gambling Awareness Program
- Janssen
- Marion County Department of Health
- Maxim Healthcare Services
- Mental Health America of Indiana
- MHM Services, Inc.
- Noah Inc.
- PEN Products
- Real Time Detention
- The Villages
- Volunteers of America
- White's Residential

Transition from Prison to Community **Initiative Overview**



National Institute of Corrections

The National Institute of Corrections (NIC) is an agency within the U.S. Department of Justice, Federal Bureau of Prisons. The Institute is headed by a Director appointed by the U.S. Attorney General. A 16-member Advisory Board, also appointed by the Attorney General, was established by the enabling legislation (Public Law 93-415) to provide policy direction to the Institute. The NIC provides training, technical assistance, information services, and policy/program development assistance to federal, state, and local corrections agencies. They also provide leadership to the field to influence correctional policies, practices, and operations nationwide in areas of emerging interest and concern to correctional executives and practitioners as well as public policymakers.



Center for Effective Public Policy

The Center for Effective Public Policy is a nonprofit organization first incorporated in Pennsylvania in 1981 with its main office in Silver Spring, Maryland, and satellite offices in Hatboro, Pennsylvania; Columbia, Missouri; Jefferson City, Missouri; Columbia, South Carolina; and San Francisco, California. The Center's staff—approximately two dozen in all, depending on the cumulative scope of individual projects—and network of expert consultants are configured into project teams that have diverse qualifications and backgrounds in corrections, organizational development, nonprofit management, training, criminal justice, human services research, agency administration, and policy development. The Center provides training and technical assistance to a wide array of public justice agencies to assist them to become more effective in achieving their own goals and objectives in service to the public.

Transition from Prison to Community (TPC) Initiative: A Workshop for Participating Sites June 23 - 24, 2008

The Transition from Prison to Community Initiative is a technical assistance effort of the National Institute of Corrections. The goal of the initiative is to support state and local level efforts to ensure the successful and crime-free transition of offenders as they complete their prison time and return to the community. Eight states currently participate in the Initiative - Georgia, Indiana, Michigan, Missouri, New York, North Dakota, Oregon, and Rhode Island. The project seeks to bring together multiple stakeholders within the criminal justice system along with other agencies from the public and private sectors to work together to implement a model transition process.

The two-day TPC workshop on June 23-24

will allow participants from each of the TPC states come together to:

- To share their accomplishments, challenges, and lessons learned with respect to implementing the TPC model;
- To review emerging products of the TPC initiative, including the TPC Handbook, Case Management Handbook, and TPC e-learning and their application in jurisdictions; and
- To develop a clear plan of action for their work over the coming months of the Initiative.

The workshop is open to invited team members from TPC participating jurisdictions only.



Hotel Information

Adam's Mark® Indianapolis

Location: Just one half mile from the Indianapolis International Airport and only eight minutes to downtown, the Convention Center, RCA Dome and Circle Centre Mall. Easy access to interstate highways makes the Adam's Mark a convenient destination from any part of the city, state or country.

2544 Executive Drive Indianapolis, IN 46241 317.248.2481 phone 317.248.0187 sales fax 317.381.6170 executive fax

Airport

Free shuttle to and from Indianapolis International Airport, assessed by courtesy phones located in both baggage claim areas.

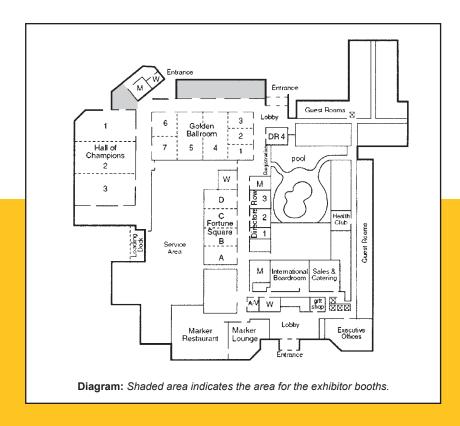
Business Services

Fax, copy, mailing, overnight mail, and secretarial services available in our business center. Audio/visual equipment available on site.



Conference Room Layout





Local Attractions

Discover Indianapolis' Cultural Districts Arts and culture thrive in Indianapolis with not one, not two, but six distinct "cultural districts." In these districts, you will find delightful public art, unique galleries, inspiring museums, quaint shops and engaging recreation. Satisfy your appetite at exquisite restaurants, ethnic eateries and sidewalk cafes. Laugh out loud or dance the night away at one of dozens of night clubs and theaters. The districts also have your ticket to professional sports and performances.

BROAD RIPPLE VILLAGE

Located six miles north of downtown, Broad Ripple Village boasts a thriving art scene and street life with shops, historic buildings and parks in charming, walkable neighborhoods nestled between beautiful greenways and waterways. By night, it pulses with the beat of the most original music venues and nightlife destinations in the city.

FOUNTAIN SQUARE CULTURAL DISTRICT

Fountain Square is an historic neighborhood with a town square and central fountain like a European village. This thriving artist community blends retro and new art influences in its architecture and style, creating a funky mix of independent, one-of-a kind destinations.

THE CANAL AND WHITE RIVER STATE PARK

The Canal and White River State Park is Indiana's museum and cultural attractions corridor. The 250-acre park and canal feature the world-class Indianapolis Zoo and White River Gardens, Indiana State Museum and IMAX Theater, Eiteljorg Museum of American Indians and Western Art, NCAA Hall of Champions, Victory Field (baseball) and the south portal to the Central Canal. It's a package of tremendous art, history, recreation, leisure and sports, all showcased along a beautifully restored urban waterway.

MASS AVE

Mass Ave is the arts and theater district, drawing creative people to its eclectic offerings of live theater and music venues, trendy galleries, shops and restaurants. It's a place where people live and work amid memorable architecture and style, alongside the city's most historic and urban neighborhoods.

WHOLESALE DISTRICT

The Wholesale District is a vibrant entertainment center with great shopping (Circle Centre mall), signature restaurants, lively entertainment and quality hotel accommodations all within easy walking distance of each other! Visitors rave about cultural events and performances, the historic architecture and friendly, inviting hospitality.

INDIANA AVENUE

The Indiana Avenue cultural district encompasses the most historically rich commercial district for Indianapolis' African American community. The area is known for history and heritage, jazz music and restored neighborhoods. Its cornerstone is the Madame Walker Theater Center.

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